



## Recertification Requirements

6/08

Recertification is required every two years. The first year after your certification is given FREE! However, since your biannual (every two years) fee of \$125 is due at the end of the first year, you should be working on your recertification requirements during that first year. At the end of the first year, and every two years after that, proof of continuing education must be provided by the following:

- ❖ Choose one:
  1. Attend a childbirth educator workshop and write about the experience (1 – 2 pages typed)
  2. Attend a childbirth related conference, seminar or workshop and write about the experience i.e. what inspired you, what you learned, any concerns.
- ❖ Write an article on related topics of the theme for the Birth Works newsletter or for a national magazine and submit it with your recertification .
- ❖ Read one book from the “Highly recommended reading list” below or a recently published book on childbirth, and write a book report (2 pages double-spaced).

### Highly recommended reading list:

- *Scientification of Love* by Michel Odent
  - *The Oxytocin Factor* by Kerstin Moberg
  - *Sit up and Take Notice* by Pauline Scott
  - *Birth as an American Rite of Passage* by Robbie Davis-Floyd
  - *Let Birth Be Born Again* by Jean Sutton
  - *Your Amazing Newborn* by Klaus and Klaus
  - *Birthing in the Spirit* by Cathy Daub
  - *Birthing Normally* by Gayle Peterson
  - *The Tentative Pregnancy* by Barbara Katz Rothman
  - *Mothering the Mother* by Klaus et al.
  - *The Cesarean Myth* by Mortimer Rosen M.D.
  - *The Cesarean* by Michel Odent MD
  - *The Farmer and the Obstetrician* by Michel Odent MD
  - *Obstetric Myths Versus Research Realities* by Henci Goer
  - *Five Standards for Safe Childbearing* by D. Stewart
  - *Creating A Joyful Birth Experience* by Lucia Capacchione & Sandra Bardsley
  - *Gentle Birth Choices* by Barbara Harper
  - *Pushed* by Jennifer Block
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- ❖ Facilitate a minimum of one 12, 16, or 20 hour class series a year **OR** three private classes at least 3-5 hours in length each and provide the office with a list of dates and class participants. If there were special circumstances that made it impossible to teach at least one class, please mention these circumstances.
  - ❖ Make sure the office has up to date information on file (name, address, e-mail etc)