



Requirements for Birth Works Trainers

Prerequisites

1. Be a current member of Birth Works in good standing
2. Be an active, experienced, certified Birth Works childbirth educator

Requirements to be completed prior to workshop:

1. Have taught at least 8 complete (16 hour) Birth Works Childbirth Classes, preferably one within the past year. Provide dates of when the class series were held along with the number of participants in each series.
2. Complete a Birth Works Trainer Profile and include the following:
 - Describe any contact you have had with birthing couples in the past three years including private classes and/or births you have attended
 - Describe any experience you have had as a workshop leader
 - Describe how you have integrated the Birth Works philosophy into your daily life, your professional work, and your work with birthing families
3. Provide three references as follows:
 - One teaching reference from a class participant
 - One reference from an employer, birth care provider, or colleague attesting to your skills as a birth professional
 - One character reference
4. Do one of the following:
 - Attend a childbirth related workshop/conference/event within the last three years, and describe ways in which what you learned does or does not support Birth Works philosophy.
 - Attend a Birth Works advanced training workshop
5. Read the book *Let Birth Be Born Again* by Jean Sutton and include a two-page typed essay on how this information can impact your work as a Birth Works Trainer. (available through Birth Works)
6. Choose one other book not required for Birth Works certification, write a one page essay including the following:
 - How and if it supports the Birth Works philosophy
 - Whether you would recommend the book (include why or why not)
 - Several points that you agreed and/or disagreed with.

The Workshop:

Attend a Birth Works Trainer's three-day Workshop and co-facilitate a Birth Works childbirth educator workshop with an experienced facilitator. You can co-facilitate additional workshop if needed. (All expenses covered by applicant..)



Once certified:

- Agree to schedule and teach a minimum of two workshops per year in various locations.
- Communicate with main office and potential workshop hostesses.
- Follow all recertification guidelines.
- Send in BWI-Approved Childbirth Educator Workshop evaluation form from workshops within two weeks of the date of the workshop
- Send in list of participants who attended the workshop, including anyone who did not attend all three days
- Keep BWI updated on all your contact information
- Sign onto the BWI discussion board and contribute to discussions there
- Send in stories, comments, poetry, teaching ideas to include in the BWI quarterly newsletter

Call our toll-free number 1-888-TO BIRTH (862-4784) with any questions